TEMPLE UNIVERSITY

LOCAL 835
INTERNATIONAL
UNION OF
OPERATING
ENGINEERS
AFL-CIO

BENEFITS SUMMARY

LOCAL 835 BENEFIT SUMMARY INDEX

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HEALTH INSURANCE

Options: Personal Choice (PPO) Preferred Provider Organization

Keystone Health Plan East (HMO) Health Maintenance Organization

Eligibility: Begins on the first day of full-time employment.

Includes Coverage for: Employee, spouse and biological, adopted, and stepchildren under the age of

26 are eligible for health and prescription drug coverage.

Pre-existing conditions: None

Employee Contribution: 22% of the premium is required for single coverage

23% of the premium is required for employee plus 1 dependent coverage

24% of the premium is required for family coverage.

Employee contributions are on a pre-tax basis.

HEALTH INSURANCE

Personal Choice

Personal Choice is a Preferred Provider Organization (PPO), which allows you the freedom of choice. You may choose in-network providers or out-of-network providers. The covered benefit level is based on your choice of providers. You should refer to the actual IBC plan for details.

Benefit	In-Network Out-of-Network		
Deductible			
Individual	\$0	\$100	
Family	\$0	\$300	
After deductible, plan pays	Not applicable	80% of allowance	
Out-of-Pocket-Maximum			
Individual	\$4,400 - medical and prescription	Not applicable	
Family	\$13,200 - medical and prescription		
Doctor's Office Visits			
Primary Care	\$20 copayment*	80% of allowance after	
Specialist Services	\$20 copayment*	deductible	
		80% of allowance after	
		deductible	
Telemedicine	\$20 copayment, no deductible	Not applicable	
In-Patient Hospital Services	100% after \$100 copayment per day,		
	maximum \$300. Copayment waived	100% after \$100 copayment per	
	at Fox Chase, Jeanes and Temple	day, maximum \$300, facility	
	University Hospital, including its	charges; 80% for other charges	
	Episcopal campus.		
Emergency Treatment	reatment \$100 copayment; copayment waived \$100 copayment; copay		
	only if admitted waived only if admitted		
Urgent Care Center	\$40 copayment, waived at Temple	80% after deductible	
	ReadyCare		

^{*}As a benefit to Temple University employees, Temple University Health System (TUHS) and Temple Faculty Physicians (TFP) will waive applicable office copayments services for current employees and their dependents with medical insurance coverage under the Temple University benefit program. This will apply to all TUP, Fox Chase and TPI physicians. A list of Temple providers may be found at http://www.temple.edu/hr/departments/benefits/healthplans/TempleProvider.htm

BlueCard PPO Program

Personal Choice members have access to in-network coverage anywhere in the United States when they use providers that participate in the BlueCard PPO Network. Some services may require pre-authorization.

To locate a BlueCard PPO provider, contact Personal Choice customer service at 215-557-7577 within the Philadelphia area or 1-800-626-8144 outside the Philadelphia area. These phone numbers are listed on the back of the Personal Choice card. For additional information, you may also visit their website at http://www.ibx.com/index.jsp.

Blue Cross Blue Shield Global Core

Personal Choice members have access to doctors and hospital in more than 200 countries and territories around the world. To locate a Blue Cross Blue Shield Global Core doctor or hospital, call Blue Cross Blue Shield Global Core service Center at 1-800-810-2583 24 hours a day, seven days a week. For additional information, you may also visit their website at https://bcbsglobalcore.com/Account/Login?ReturnUrl=%2F

HEALTH INSURANCE

Keystone Health Plan East

Keystone Health Plan is a Health Maintenance Organization (HMO), which requires you to choose a primary care physician. All medical services **must be performed by or authorized by your primary** care physician with a written referral. The covered benefit level is 100% less your co-payment. You should refer to the actual IBC plan for details.

Benefit	Benefits and Services	Coverage	
Doctor Visits	Primary Care Physician	\$20 copayment	
	Referred Specialist Care	\$35 copayment	
Telemedicine	24/7 access to a board-certified doctor by video, phone or app.	\$20 copayment, no deductible	
Out-of-Pocket-Maximum			
Individual	\$4,400 - medical and prescription	Not applicable	
Family	\$13,200 - medical and prescription		
In-Patient Hospital Services	In-patient doctor care Surgery	100% after \$100 copayment per day, maximum \$300. Copayment waived at Fox Chase, Jeanes and Temple University Hospital, including its Episcopal campus.	
Out-Patient Hospital	Authorized by primary care		
Services	physician	Covered 100%	
Emergency Care	Hospital emergency room	\$100 copayment; copayment waived if admitted	
Vision Care	Once every two calendar years	\$35 copayment	

To contact Keystone Health Care East customer service, call 215-241-3367 within the Philadelphia area, or 1-800-275-2583 outside the Philadelphia area. For additional information, you may also visit their website at http://www.ibx.com/index.jsp.

TOTAL WELLNESS REWARDS PROGRAM

Eligibility: Employee only and must be enrolled in one of the University's health plans. Personal

Choice, Keystone Health Plan East or Personal Choice High Deductible

Rewards Program:

The Total Wellness rewards program provides tools, resources, and challenging activities to help improve and maintain your overall health and well-being. The program focuses on your physical, emotional, social and financial well-being. The program provides individual preventative care recommendations, on-line health goals and programs, access to a Blue Cross Health and Wellness coach, personal and team challenges, on-line seminars, nutrition counseling, educational resources and much more. Employees earn rewards by participating in activities and completing specific requirements throughout the plan year:

Plan Year: July 1, 2023 to June 30, 2024

Rewards:

- Up to \$200 in e-gift cards
- \$25 monthly premium discount on employee health plan contributions
- Total reward value up to \$500 based on participation level

To get started:

To start your journey login or register on the <u>Blue Cross Member portal</u> and select the <u>Health & Well-Being</u> tab, then **Earn Rewards** to access the program. To earn and redeem your first \$50 reward you **must** complete the (3) required activities via the <u>Blue Cross Member portal</u>:

- 1. Your Well-being Profile
- 2. On to Better Health Smart Screener Assessment
- 3. Complete a Doctor's office visit or a virtual visit (included MDLive visits) with your primary physician

Continue Earning and Redeeming Rewards:

Continue earning rewards by participating in activities and challenges throughout the plan year. Earned reward dollars will remain in a pending status on the Blue Cross member portal until you have completed the three required activities. These required activities can be completed at any point during the program year, however you cannot redeem any e-gift cards/money until the three requirements are complete. You must earn and redeem your rewards by June 30, 2024.

Qualify for the Premium Discount:

To qualify for the monthly \$25 premium discount you must complete the 3 required activities and earn a total of \$200 in rewards by the end of the plan year. The premium discount will be applied during the following fiscal year beginning July 2024 and ending June 2025.

Questions:

Please e-mail us at Totalwellness@temple.edu or call us at 215-926-2285 (7-2285).

CVS/Caremark PRESCRIPTION PLAN

Eligibility: You must be enrolled in one of the Health Insurance plans.

Includes Coverage for: Employee, spouse and biological, adopted and stepchildren under the age of

26 are eligible for health and prescription drug coverage.

Employee Contribution: Included in the health insurance employee contribution.

<u>Highlighted Plan Provisions:</u> (Please refer to the actual CVS/Caremark plan for detailed provisions)

Drug	You Pay	You Pay
Туре	Retail Pharmacy	Mail-Order Pharmacy
		(up to 90 day supply)
Tier 1 – Generic Drugs	\$10	\$20
Tier 2 – Preferred brand-name drugs	\$25	\$50
Tier 3 – Non-preferred brand –name drugs	\$35	\$70

- Mandatory Mail Order for Maintenance drugs Maintenance long term drugs that are used on a regular based and listed on CVS/Caremark's Maintenance Drug List must be filled either through mail order or at a CVS pharmacy. Members will receive the discounted pricing of 3 months' supply for the price of 2 months' co-pay.
- Generic Step Therapy —Generic alternatives, within the same therapeutic class, must be used as first line therapy before certain targeted brand drugs are covered. If you are using a brand drug, please discuss this new requirement with your physician to ensure that your drug is covered.
- Dispense as Written (DAW) 1 If your health provider requires a brand drug when a generic substitution is available you will be charged a penalty in the amount of the difference in cost between the generic and brand drug plus your co-pay. This only applies when a multi-source brand medication is dispensed by physician or customer request over available generic equivalents. If you are using a brand drug, please discuss this new requirement with your physician to ensure that your drug is covered.
- Exclusive Specialty Employees taking specialty drugs may fill their script at a local CVS ONLY or have the physician send the prescription directly to the specialty pharmacy for home delivery.

Exceptions and Limitations: The plan does not include coverage for:

- Drugs available without a prescription
- Injectables and immunizing agents administered by a physician or medical professional, except insulin
- Any drug administered by a physician
- Therapeutic devices or appliances regardless of their intended use

Prior Authorization: The plan requires prior authorization for specific drugs. To contact CVS/Caremark customer service, call 1-800-966-5772, or visit www.caremark.com.

Temple University's carrier number is 4103. Your group number is 5853.

UNITED CONCORDIA DENTAL INSURANCE

Eligibility: Begins after 90 days of employment.

Includes Coverage for: Employee, spouse and unmarried legally dependent biological, adopted and

stepchildren to age 23.

Excludes Coverage for

Adult Children: Adult children between the ages of 23 to age 26 are not eligible for dental

coverage.

Employee Contribution: 25% of the premium is required for single or family coverage.

Services	Description	Plan Pays
Diagnostic & Preventive	Exams, X-Rays and Cleanings,	100% UCR
	twice per year	
Basic Services	Basic Restorative, Endodontic,	100% UCR
	Repairs, Simple Extractions	
Major Restorative	Inlays, Onlays, Crowns	50% UCR
Orthodontics	Limited to dependent child under	50% UCR
	the age of 19.	
Lifetime Orthodontic		\$2,000
Maximum		
Lifetime Annual Maximum		\$2,000

Temple University's group number for Local 835 is 256061000

TEMPLE OPHTHALMOLOGY VISION CARE

Eligibility: Begins after 90 days of employment.

Includes Coverage for: Employee, spouse and unmarried legally dependent biological, adopted and

stepchildren to age 23.

Excludes Coverage for

Adult Children: Adult children between the age of 23 to age 26 are not eligible for vision

coverage.

Employee Contribution: None

Plan: Vision evaluation and provision of eyeglasses once every two years. Employees and their eligible dependents *must* have their eye exam performed by the Temple University Department of Ophthalmology in order to receive benefit coverage for the exam. Employees then have the option to choose a standard pair of frames and lenses for free, or different frames and specialty lenses and pay the additional cost. In lieu of eyeglasses, some employees may elect to receive a \$25 allowance for the purchase of contact lenses.

Exam: A vision care exam consists of an evaluation of refractive error (glasses) and an exam of the eye that includes an exam of the anterior part of the eye, the optic nerve and the central retina. Such an exam is designed to detect cornea problems, cataracts, glaucoma and macular degeneration. Advances in examination techniques often permit these exams to be done without dilating the pupil. If necessary, a dilated exam for a peripheral retinal exam or for diabetes may be done during the vision care appointment, but a follow up medical exam may be required.

Contact Lenses: If you wish to have an exam for contact lenses, there is an additional charge for this type of exam. Please check with the Temple Department of Ophthalmology.

The University Department of Ophthalmology provides eye exams and eyeglasses at the Health Sciences Campus:

Temple Faculty Physicians (TFP) Optical Boutique

Temple Hospital, Parkinson Pavilion, 6th Floor Suite 640 3401 North Broad Street Philadelphia, PA 19140 215-707-5300

Employees calling to make an appointment for themselves or a dependent will need the employee's TUID number for verification of eligibility.

PRUDENTIAL GROUP TERM LIFE INSURANCE

Eligibility: Begins on the first day of full-time employment.

Includes Coverage for: Employee only

Employee Contribution: None

-Coverage type: Standard Group Term Life Insurance

-Amount of Insurance: \$10,000

Optional Supplemental Insurance

Coverage for: Employee only

Employee Contribution: Based on age/salary

-Coverage type: Supplemental Group Term Life Insurance

-Amount of Insurance: 1.5, 2 or 3 times your annual base salary to a maximum policy of \$300,000

-Pre-existing conditions: waived if you enroll within 31 days of employment. Proof of insurability is required to apply at a later date.

-Premium: Payroll deduction rates per \$1,000 of coverage:

Age	Monthly Deduction
Under age 30	\$0.032
30-34	\$0.048
35-44	\$0.056
45-49	\$0.088
50-54	\$0.136
55-59	\$0.256
60-64	\$0.384
65-69	\$0.744
70+	\$1.208
	¥1.200

<u>Maximum Life Insurance Policy:</u> Total maximum amount of insurance including the standard

life insurance policy provided by the University may not

exceed \$310,000.

PRUDENTIAL SURVIVOR INCOME BENEFIT INSURANCE

Eligibility: First day of full-time employment. You <u>must</u> be enrolled in the Optional

Supplemental Life Insurance program to be eligible to enroll in this plan. This plan

provides income to your spouse and children if you pass away while insured.

Coverage:

- Spouse or domestic partner: Maximum of \$500 per month until the earlier of age of 65,

remarriage or death. Domestic Partners must be an approved Domestic Partner under Temple University's Domestic Partner

Policy.

- Children: Maximum of \$200 per month until the age of 19 or (23 for full-time student)

or death.

- Spouse/domestic partner & Children: Maximum of \$700 per month.

Premium:

Coverage	Rate per \$100	Maximum Monthly Deduction
Spouse or domestic partner only	\$1.35/\$100	\$27.00
Children	\$.35/\$100	\$ 7.00
Spouse or domestic partner and Children	\$1.70/\$100	\$34.00

PRUDENTIAL ACCIDENTAL DEATH AND DISMEMBERMENT INSURANCE

Eligibility: Begins on the first day of full-time employment. You may enroll in this coverage

effective the first day of any month.

Includes Coverage for: Employee and dependent(s)

Plan Covers:

<u>Loss of:</u> <u>Coverage Level</u>

Life,

Both hands, 100% of policy Both feet, at time of accident

One hand and one foot,

One hand and sight of one eye, One foot and sight of one eye,

Sight of both eyes

One Hand 50 % of policy One Foot at time of accident

Sight of one eye

Thumb & one finger 25% of policy of either hand at time of accident

Policy Coverage: Employees may choose a coverage amount of between \$10,000 and \$150,000

Coverage may be for single or employee and dependent(s).

<u>Premium</u> <u>Monthly Deduction Per \$10,000 of Insurance</u>

Single .15/\$10,000 Employee and dependent(s) .25/\$10,000

Dependent coverage: If enrolled on an employee and dependent(s) basis, your spouse is insured for 1/5 of the total coverage amount and children for 1/10. For example, if you elect \$150,000 of family coverage, you are insured for \$150,000, your spouse is insured for \$30,000 and your children are insured for \$15,000.

PRUDENTIAL ACCIDENT AND SICKNESS BENEFIT

Eligibility: Begins after 90 days of employment.

Includes Coverage for: Employee only

Employee Contribution: None

Plan

If you are unable to work because of a covered non-occupational accident or sickness and are under the regular care of a doctor, then you are eligible for weekly income accident and sickness income benefits.

Benefits begin as follows:

Covered accident - On the first day you are unable to work and are not entitled to a sick leave benefit from the University

Covered sickness - On the eighth day you are unable to work and are not entitled to a sick leave benefit from the University

Benefit and Amount:

Payment will continue as long as you are disabled; up to 26 weeks at 60% of salary to a max of \$225 per week.

PRUDENTIAL LONG TERM DISABILITY INSURANCE

Eligibility: Begins on the first day of full-time employment.

Includes Coverage for: Employee only

Plan:

-Pre-existing conditions: waived if you enroll within 31 days of employment. Proof of insurability is required to apply for coverage at a later date and the carrier may charge an administrative fee for processing.

- Elimination period: 26 consecutive weeks (6 months)

- Coverage Amount: 60% of your monthly salary to maximum of \$3,000.

Monthly Maximum Benefit: \$3,000Monthly Minimum Benefit: \$50

Benefit Continuation:

- 1) If enrolled, all Health, Welfare and Pension benefits you are enrolled in at the time of disability will continue AT NO COST to you during the time you are on an approved disability leave and are receiving periodic payments from the long-term disability carrier.
- 2) If NOT enrolled, your benefits will be terminated when accrued sick time has been exhausted.

Premium:

- .42 per \$100 of Monthly Base Salary up to \$5,000 (\$60,000/year)
- Maximum monthly deduction of \$21.00

RETIREMENT PLAN

Eligibility: First day of the month following full-time employment.

Vesting: After 5 years of Credited Service

Basic Plan

The Retirement Plan of Temple University and Temple University Hospital is contributory, which means that the cost of providing benefits is shared by both you and Temple University. Temple University, however, assumes the major portion of the cost.

EMPLOYEE CONTRIBUTIONS In order to be covered under the Plan, you must complete certain forms provided by the Benefits Office and agree to contribute a percentage of your earnings. This percentage is 2% of your earnings up to the amount of the Social Security wage base for the year, and 4% of the balance of your earnings above the Social Security wage base.

Detailed information and assistance are available on the Benefits website at http://www.temple.edu/hr/departments/benefits/retirement.htm. You may also e-mail the Benefits Office at Retirement@temple.edu or call 215-926-2270.

VOLUNTARY CONTRIBUTIONS

- Allows employees to make contributions on a pre-tax or Roth 403(b) after tax basis
- Voluntary contributions are not matched by the University
- Employees may enroll or change elections effective the first of any month
- Investment alternatives:

Fidelity Investments Voluntary Contributions TIAA Supplemental Retirement Annuity (SRA)

Detailed information and assistance are available on the Benefits website at http://www.temple.edu/hr/departments/benefits/retirement.htm. You may also e-mail the Benefits Office at Retirement@temple.edu or call 215-926-2270.

<u>Please Note:</u> Employee contributions are subject to Federal maximums.

HEALTHEQUITY|WAGEWORKS FLEXIBLE SPENDING ACCOUNTS

Eligibility: Begins on the first day of full-time employment.

Accounts: A Flexible Spending Account allows you to contribute money, on a pre-tax basis, to pay

for eligible healthcare expenses and for dependent care expenses. You may enroll in one or both – healthcare and dependent care are set up as separate accounts. You do not pay

federal income tax or Social Security tax on these contributions.

You elect an annual amount to contribute and Temple will deduct the amount in equal

installments from your pay for the balance of the calendar year.

Enroll: Enrollment is on-line at www.wageworks.com or you may call Wage Works at 1-877-

924-3967. To enroll on-line, register as a first time user and create a password to set up your account. You have 31 days from the date of your benefits orientation to complete the enrollment process. Enrollment is for the current calendar year only; you must re-

enroll each December for the next calendar year.

Healthcare Account

Healthcare Account Expenses can include those incurred by yourself, your spouse, or any dependent that you claim on your income tax return.

Some examples of qualified expenses are as follows:

Deductibles and co-payments for Healthcare plans (medical, dental and vision)

Co-payments for prescription drugs

Amounts over usual and customary plan limits

Purchase of prescription sunglasses, contact lenses and cleaning solutions

The maximum annual deduction qualifying for pre-tax reimbursement is \$3,200 for the 2024 calendar year.

When you enroll, you will receive a Healthcare Prepaid Visa debit card with the value of your annual election amount loaded onto the card. You may use the card like a credit card to pay for eligible Healthcare expenses. The money is deducted directly from your Healthcare spending account. As an alternative, you may elect to file claims for reimbursement.

For additional information, visit their website at <u>www.wageworks.com or</u> contact Wage Works customer service at 877-924-3967.

Dependent Care Account

Eligible expenses are only those expenses that you incur because you work, and are expenses for services received during the calendar year in which you are participating. If you are a two-parent family, both parents must be working in order to qualify for the Plan.

Eligible dependents are defined as:

- 1) children under the age of 13;
- 2) older, disabled dependents that you can claim on your tax return.

The maximum annual deduction qualifying for pre-tax reimbursement is \$5,000 per household \$2,500 if married, filing separately.

You may arrange for direct payments to your provider or you can file claims along with the required documentation and be reimbursed by direct deposit or check.

For additional information, visit their website at <u>www.wageworks.com or</u> contact Wage Works customer service at 877-924-3967.

Commuter Benefits Program

You place your order based on how you currently get to work (regional rail, bus or subway) and Wage Works will fulfill your order by mailing you a pass or recharging your commuter card just prior to the beginning of the month. These charges are deducted from your paycheck each month. The portion of your cost that is deducted pre-tax reduces the amount of earnings on which you have to pay taxes (this is how you save). If you choose the "Every Month" frequency, you will automatically get the same order each month until you change or cancel it or become ineligible for the program.

Unlike health care and dependent care flexible spending accounts, there is no open enrollment period for the commuter benefits program and *you can enroll or cancel your enrollment at any time*.

Enroll: Enrollment is on-line at <u>www.wageworks.com</u> or you may call Wage Works at 1-877-924-3967. To enroll on-line register as a first time user and create your own account.

TUITION REMISSION PROGRAM

Eligibility: Tuition benefits begin the first day of the semester after hire date.

<u>Includes Benefits for:</u> Full-time employee, their spouse/domestic partner, and legally dependent

children of employee, including natural, adopted, or non-adopted

stepchildren of the employee who are less than 24 years of age when initially

enrolled in a Temple University undergraduate degree program.

Benefit Entitlement

Employee: 100% tuition remission for eligible Temple University courses, up to (8)

credits for undergraduate and/or graduate courses per semester.

Employees may register for any class that does not interfere with their regular work schedule. Upon request, a Vice President or Dean may approve a flexible work schedule for an employee to allow the employee to take a course during normal work hours. Under such an arrangement, the flexible schedule must not negatively impact the functioning of the office.

Dependent Children: Year one of service: 50% tuition remission

Year two of service: 75% tuition remission

Beginning the semester following the completion of three years of service:

100% tuition remission

Fall/Spring Semester: Tuition remission for up to 10 semesters to complete their degree in a Temple University undergraduate program. Dependent children may be full-time matriculated, or they may be part-time matriculated or non-matriculated students.

Summer Sessions: An eligible dependent child who is a full-time matriculated student at any University, including Temple, may receive tuition remission for Temple University courses taken over the summer sessions. For purposes of this policy, either one or both consecutive summer sessions are counted as a single semester, and therefore, will be counted as one of the 10 semesters for which a dependent child is eligible under Temple University's tuition remission program.

Temple Abroad: An eligible dependent child who is a full-time matriculated student at any University, including Temple, may receive tuition remission for Temple University courses taken as part of Temple Abroad provided that he/she applies for and is accepted into the program through Temple University's standard admission process.

No tuition remission is given for courses taken in Temple University's schools of Law, Medicine, Dentistry or Podiatric Medicine, with the exception of specially designated graduate courses as determined by the Dean's office of the specific professional school. In the School of Pharmacy, tuition remission is limited to undergraduate programs.

TUITION REMISSION PROGRAM

The tuition remission program includes expenses for tuition only; any other fees are not covered under the program. Employees should also be aware that in any given semester, the value of tuition remission benefits on a per-credit-hour basis will equal the per-credit-hour rate of the least costly program offering the degree at Temple University. For example, the calculated rate of tuition remission pre-credit-hour for the Executive MBA program will not exceed the standard per-credit-hour rate for the traditional MBA program.

The first step is to register for the course(s). For assistance with the registration process, you may contact the **Academic Resource Center.**

Procedure for Submitting Tuition Remission Request:

Once the student has registered, Temple University employees need to log into TUportal to submit the online Tuition Remission request.

- Select Staff Tools
- Scroll down to "Employee Forms" Channel and select Bursar forms
- Select Tuition Remission Tab
 - o Employee's information will be displayed in the "Requested By" frame
 - o Select Term from Drop Down Box
 - o Select Recipient Dependent or Self/Employee
- Click the Radio button for the Recipient you would like processed
 - o If Self/Employee is selected, you will need to answer a question in a pop-up dialogue box
- Click Submit
- Student will receive an e-mail notification once the tuition remission is posted to the student account.

PLEASE NOTE: Graduate tuition benefits are considered taxable. Under current tax law, the value of employee graduate tuition benefits in excess of \$5,250.00 will be included in the employee's taxable wages and all applicable taxes will be withheld during the year that the tuition benefits are received.

A detailed description of the tuition remission benefit may be found in the Employee Manual and/or in your collective bargaining agreement.

<u>LifeWorks – Employee Assistance Program (EAP) & Total Well-being Platform</u>

LifeWorks blends the employee assistance program (EAP) with personalized well-being resources that can support you and your dependents with issues related to family, health, life, money and work. The Employee Assistance Program is offered through LifeWorks to all full-time University faculty and staff.

LifeWorks provides free confidential counseling, consultations, community referrals and online access to hundreds of articles, toolkits, podcast, webinars and much more. Services and are available 24/7 on-line or at 888-267-8126.

FAMILY	HEALTH	<u>LIFE</u>	MONEY	WORK
Adoption	Mental Health	Crisis	Bankruptcy	Career
Child Care	Addictions	Disabilities	Budgeting	Development
Couples	Healthy Habits	Legal	Estate Planning	Communication
Death/Loss	Mindful Living	Resources	Home Buying	Coping with
Education	Managing Stress	Midlife	Investing	Change
Older Relatives	Sleep	Personal	Managing Debt	Managing People
Parenting	Alternative	Issues	Renting	Shift Work
Separation/Divorce	Health	Relationships	Savings	Time Management
		Retirement		Work Relations
		Student Life		Work Stress

LifeWorks Total Well-being Platform:

On-line Chat Features	Lifestyle Assessments
Webinars	Financial Well-being Assessments & Calculators
Personalized Daily Well-being Tips	Wellness Health Assessments
LIFT Free Fitness App	Toolkits
Childcare Search Resources	Elder Care Locator

Access to the program is available via the TUportal:

Login to the TUportal and select the Staff Tools tab from the top menu, then under the TUApplications section scroll down to the Lifeworks Employee Assistance Program link to gain access to the all of the program resources.

Contact LifeWorks: 888-267-8126