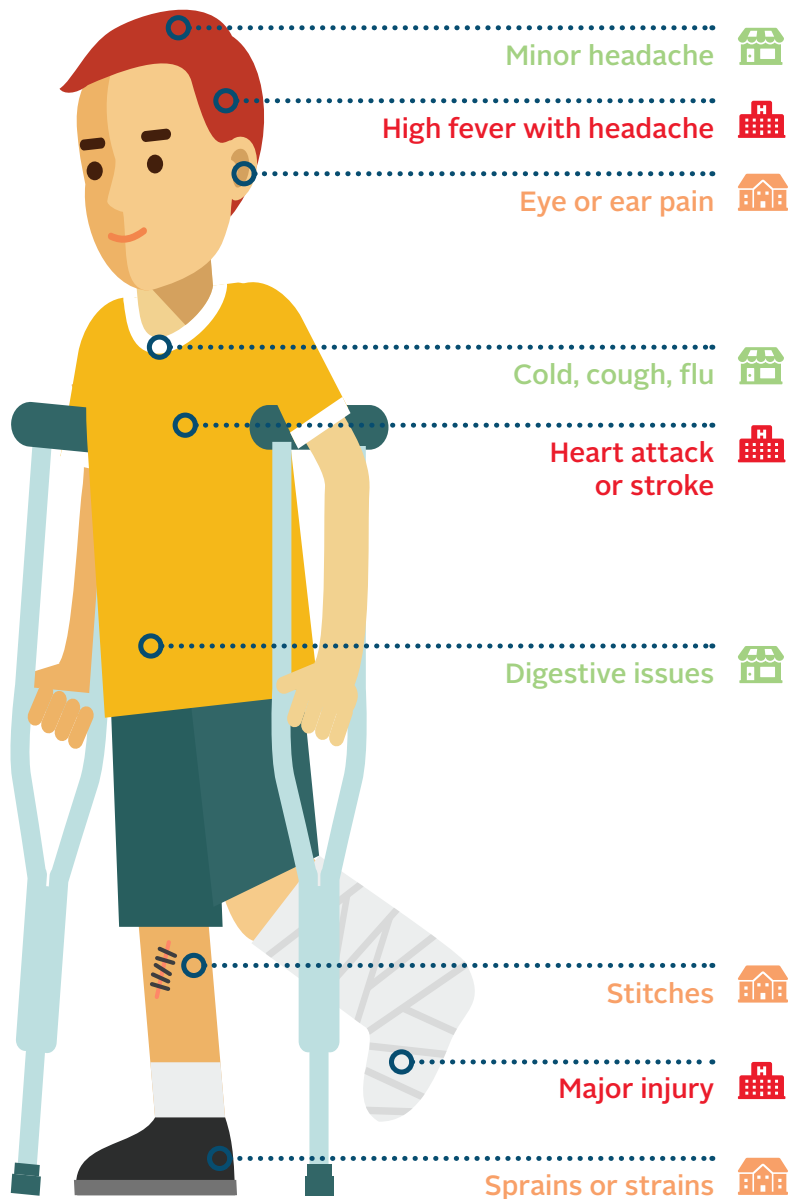


Doctor's office closed?

Know your options



Retail Clinic

Get quick, convenient care for illnesses and vaccines.

Best for

- Minor headaches
- Cold, cough, flu symptoms
- Digestive issues



Urgent Care Center

Use this faster, less expensive choice if you get sick or hurt.

Best for

- Eye or ear pain
- Small wounds requiring stitches
- Sprains or strains



Emergency Room

Go to the emergency room (ER) in case of a life-threatening or severe sickness or injury.

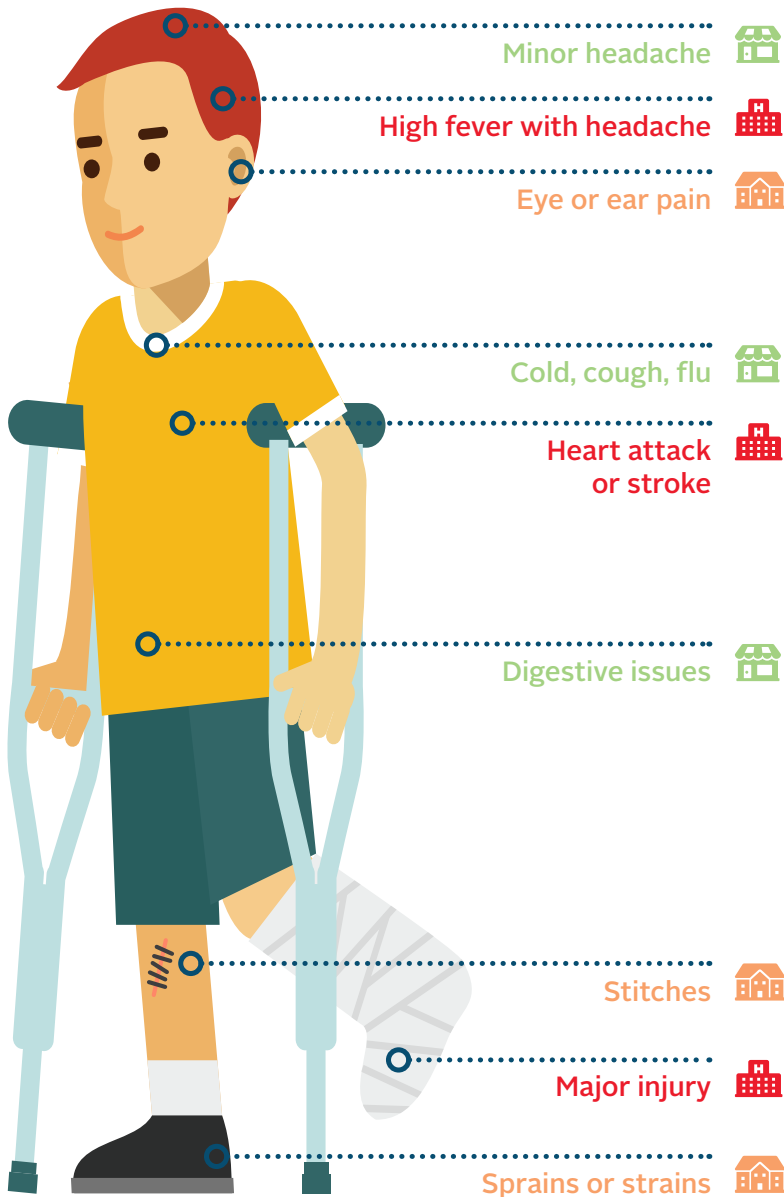
Best for

- High fever with headache
- Heart attack or stroke
- Major injury

This flyer is provided for informational purposes and is not meant to substitute for the advice provided by your own physician or other medical professional. You should not use the information contained herein for diagnosing or treating a health problem or disease, or prescribing any medication. If you have, or suspect that you have, a medical problem, promptly contact your health care provider.

Independence Blue Cross offers products through its subsidiaries Independence Hospital Indemnity Plan, Keystone Health Plan East and QCC Insurance Company, and with Highmark Blue Shield — independent licensees of the Blue Cross and Blue Shield Association.

PCP unavailable? You have options



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